Responsorial Psalm Response

Ps 97:1-4 R cf.v 2

The Lord has revealed to the nations his saving power.

Gospel Acclamation

Alleluia, Alleluia!

For all things give thanks to God, because this is what he expects of you in Christ Jesus.

Epping — 3rd Wednesday

WEEKEND MASSES							
Epping	5:00pm \	/igil, 8:30ar	n, 10:15am	, 6:00pm			
Carlingford	6:00pm \	/igil, 7:45ar	n, 9:30am				
WEEKDAY MASSES	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	
EPPING	No Mass	12:15pm	10:00am	12:15pm	12:15pm	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	9:30am	9:30am	No Mass	

EXPOSITION OF THE EUCHARIST: Epping Saturday 9:45-10:15am, Carlingford, 4th Thursday 10:00am

SACRAMENT OF RECONCILIATION: Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm

OR BY APPOINTMENT

HEALING MASS

BAPTISMS AND WEDDINGS: BY APPOINTMENT

PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 PH: 9876 2853 Email: parish@eppcarl.org.au

ST GERARD MAJELLA PRIMARY SCHOOL: PH: 9871 1633 Email: sqc@dbb.catholic.edu.au

Carlingford—1st Thursday,

OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: PH: 9868 3322 Email: olhc@dbb.catholic.edu.au

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:

Recently deceased: Ryan Wang, Rod Glendenning. Maria Magdalena, Eva Fong, Mary Carrol, John Rate MSC, Ian McMaster (former parishioner of St Gerard's), Damian Yong, Ernst Lau, Terry Hoolahan,

Anniversary: Rosie & Frankie Fernandes.

Also for: Young Hwan Ho, Yong Min Ho, Soo Woog Jin, Maria Hur, Young Seok Seo, Alice Andrade, Elvina Menezes,

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Mark Di Palma, Anthony Conlon, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Anna & Leo Bruzze, Gerhard Stieger, Dorothea Ellis, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Jan Doherty, Brian Walsh, Patricia O'Connor, Kathy Noonan, Alice Eng, Peck Quah, Dorothy Bonaccorso, Narelda & Alan Ryan, Kit Smith, Margaret Floyd, Peter Baker. Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Augustine Hong, Luba Charlton, George Khouri, Antony Hogan, Ingrid Connor, Steve Toth, Martin & Gay Flood, William Jones, Nicholas Rajanayagen, Maria Lee, Patricia Muschalik, Delma Soria, Sr Abanasia Lee, Maria Belisario, Stella, Edwards, Fara Vargas, Theo Stevens, Monica Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley Weeden, Thomas Woodward, Wai Chun Wong, Heather Stoodley.

Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

AFTER HOURS SICK CALLS— 9876 2853

Outside office hours our office phones divert to Fr Peter and Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, if possible please restrict routine enquiries to office hours.

ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping Baptist Church.

Date	Mass	Epping	Mass	Carlingford
19/10/19	5:00pm	Fr Peter Dowd	6:00pm	Fr Joey Frez
20/10/19	8:30am	Fr Peter Dowd	7:45am	Fr Joey Frez
20/10/19	10:15am	Fr Peter Dowd	9:30am	Fr Joey Frez
20/10/19	6:00pm	Fr Peter Dowd		

Have You Told Us? If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

Admitted to Hospital

A reminder that if you are admitted to hospital, please try to ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during vour stav.

The Truth Justice and Healing Council www.thecouncil.org.au Ph.: 6234 0900

The Catholic Parish of Epping and Carlingford **Diocese of Broken Bay**

Our Lady Help of Christians' Church 31 Oxford Street, Epping and

St Gerard Majella Church 543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd, **Ph.:** 9876 2853

Email: parish@eppcarl.org.au

Email: peter@eppcarl.org.au Parish Office: 02 9876 2853

Parish Website: www.bbcatholic.org.au/eppingcarlingford

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

YEAR C

TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

13-10-19

Kings 5:14-17

1 Timothy 2:8-13

Luke 17:11-19

Assistant Priest: Fr Joey Frez

Email: joseph@eppcarl.org.au

Ph.: 9872 3400

My dear brothers and sisters,

To our great joy, our waiting is over! The Holy Father, Pope Francis has appointed us a new Shepherd to guide us into the future. How extraordinary, too, that this would occur on 7 October — the patronal feast day of our Cathedral, Our Lady of the Rosary.



With open arms and hearts, we welcome Bishop Anthony Randazzo to our diocesan family! I am confident that you will receive him enthusiastically and warmly.

We are enormously blessed by his appointment. Bishop Anthony is young and energetic. In fact, on the day of his appointment he turned just 53. Yet, he brings remarkable experience of leadership already — from his pastoral experience in the Archdiocese of Brisbane, his studies in Canon Law, his service in Rome at the Congregation for the Doctrine of the Faith, his

time as a Seminary Rector in Queensland, and more recently his term as an Auxiliary Bishop in Sydney during which he has enjoyed significant involvement in youth, education and clergy. I have known him personally for many years and have enjoyed his very personable, engaging and humorous personality on many occasions, most recently during the Ad Limina pilgrimage in Rome. On behalf of our Diocese, I express our profound gratitude to Pope Francis for gifting us with a leader of such calibre and stature. We can be confident in the future that opens before us.

For my part, I will serve our new Bishop to the very best of my ability. As Bishop Anthony assumes the complex task of leadership, he knows he has my complete support and friendship and I look forward to working with him in continued service to our Diocese.

At the end of my term as Administrator of our Diocese, I wish to express my heartfelt gratitude to you. To serve in this role for you over the last 15 months has been, unmistakably, the greatest privilege of my life. I want to thank you for the trust and the confidence that you have placed in me, for your affection, and for the many, many ways you have encouraged me. On your behalf, I thank especially our clergy and our Diocesan staff,

all of whom have been indefatigable in their support which has enabled me to provide our wonderful new Bishop with good account of our Diocese. over this time. the whole Diocese. I also want to record my deepest appreciation to my beloved Parish Family of Holy Name Wahroonga who have been so patient with my absence over this time. I thank, especially, Fr Anselam Lakra HGN and our Parish Secretary, Jackie Thornton for their generous commitment to the Parish over this time which has been a gift to the whole Diocese.

It has been a remarkable time as, together, we have faced the various challenges that have presented, seeking always the opportunities given us by the Spirit of God. I have learnt so much over these months and what I have learnt has only made me love the people and priests of our Diocese so much more. I am privileged to be a member of our local Church of Broken Bay. And with this love, I commit myself to you in new ways, now through my dedication to our new Bishop.

With my immense gratitude and affection, and with renewed hope in Christ Jesus.

Verv Rev Dr David Ranson Diocesan Administrator

PROPAGATION OF THE FAITH SUNDAY

This weekend at all Masses we will be reflecting on the importance of MISSION in our life as missionary disciples of Jesus Christ and in particular our responsibility to assist prayerfully and financially the wonderful work of Catholic Mission in various parts of our world.

To assist us to reflect on this aspect of our Christian calling we warmly welcome Jane Sulis who will speak to us during all Masses within the parish this weekend.

Thank you 'in advance' for your generous financial support of this appeal and your prayerful concern for those most in

Parish Mission Statement

We are a diverse Catholic community centred in the Eucharist. We gather for worship to serve and reach out to others as we grow in relationship with God and each other.

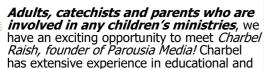
Safeguarding Message September 2019

SAFEGUARDING MONTH—an inclusion of people with disability is about evangelisation and mission.

PARISH PASTORAL COUNCIL: RECOMMENDATIONS FOR MEMBERSHIP

Over the coming weeks we will be inviting all parishioners to "recommend" members of our parish for the seven positions that will be vacant on our Parish Pastoral Council from next year. We ask that you don't necessarily ask the person beforehand but submit their names to Fr Peter who will then personally invite them to engage in a discernment process similar to what we have done in previous years. More information on this process will be given in coming weeks but for now please pray for the guidance of the Holy Spirit as to who you might feel could assist in the work of planning and quiding our parish in its core work of "forming Missionary disciples".

Children's Liturgy



pastoral activities of the Church and will be visiting our parish in October to help us discover "what else is possible", when we lead our children in their early years of faith for-

Have you ever found yourself in a cycle of repeating what you have always been doing, and wishing you were equipped with more to make your session more meaningful and engaging? Well then, this is an evening you will not want to miss! See details below and **SAVE THE DATE**!

MAKING GOD'S WORD COME ALIVE

HOW TO ENRICH CHILDREN'S MINISTRIES

22 October, Tuesday at 7:00 PM St. Gerard's Carlingford Parish Meeting Room

RSVP TO LYNN@EPPCARL.ORG.AU OR 0407 255 593

Sacramental Programmes & Children's Ministries 0407 255 593 lynn@eppcarl.org.au

Parish Safeguarding Presentation By the Office for Safeguarding (Chancery)

HORNSBY DEANERY

(The Parishes of: Cathedral, Ku-ring-gai Chase, Arcadia, Epping & Carlingford and Pennant Hills)

Wednesday, 30th October at 10:30am-12:30pm @ St Gerard's Parish Meeting Room, 543 North Rocks Rd, Carlingford

Saturday 2nd November at 11:00am—1:00pm

@ Our Lady of the Rosary Cathedral Fr Nulty Room 23 Yardly Avenue, Waitara

All Parish Staff, Volunteers and those interested in learning more about Safeguarding are invited to attend.

The diocese seeks to ensure children and vulnerable people are provided with the fundamental right to be kept safe and respected. This right is held sacred in our Gospel, international and local laws and within our Church policy and practice.

Topics covered in the presentation include:

- ♦ Introduction to Safeguarding
- ♦ What we learnt from the Royal Commission into Institutional Responses to Child Sexual Abuse
- ♦ Our Commitment to Safeguarding
- ♦ Introduction to the National Catholic Safeguarding
- Best Practice for Safeguarding in the Parish

These two sessions will have the same content, therefore, you will only need to attend once

Please register via email Safeguarding@ bbcatholic.org.au or contact Anita on 8379 1605



Our Lady Help of Christians—Primary School

We are holding Term 4 fundraising event.

There will be a cake stall on **Sunday 20th October** after the 8:30am and 10:15am Masses at Epping

There will be yummy baked goods for sale.

Thank you for your support of our school.



GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; vou are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High. Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

SANCTUS

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Volunteer Organist

We are looking for someone who has knowledge and understanding of Service music in the Catholic tradition. Possesses a strong sense of worship as celebration and has openness to a variety of worship settings. Can perform with ease on the organ to accompany choirs, soloists, instrumentalists and the congregation.

We would need the organist on the 1st and 3rd Sundays of the month at 8:30am at the church in Epping.

For further information please contact the Parish Office on 9876 2853 (between 9am and 4pm)

Celebrations this Week Twenty-Eighth Week in **Ordinary Time**

Tuesday: Memoria, St Teresa of Jesus

Thursday: Memoria, St Ignatius of Antioch

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father: through him all things were made. For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and alorified.

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



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Betty Ockerlander bettyockerlander@mcgrath.com.au 0408 505 080

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Reflection on Sunday's Gospel

Today's gospel reading follows immediately after last Sunday's reading. This linkage is important, because it helps us appreciate Luke's presentation of this incident, as expanding the teaching on 'faith' in last Sunday's gospel. The miracles of Jesus were, before all else, signs pointing to what was to be expected from the Saviour's presence among us. In this miracle, the interaction between Jesus and the Samaritan who returns to give thanks leads us deeper into an understanding of the faith that is God's gift.

Jesus tells the Samaritan that it is 'faith' that has saved him. His companions, too, we may presume, also had faith evidenced in their common plea with him, and the fact that they too have been healed - because Jesus is surprised that they have not returned. But, unlike the one who returns, they do not have the gratitude that is the expression of a lively faith. If faith is a trusting readiness to receive the great things God does for us, it is also a grateful recognition of what God has done and is doing in our lives. The Samaritan helps us understand what this awareness involves. He 'turned back praising God at the top of his voice'. Our relationship with our God is guite unique; the other relationships that shape our lives cannot be compared with it. Our awareness of our indebtedness to God should deepen more and more this unique relationship, as we grow in wonder at the blessings of each day. It is not by chance that we call our principal act of worship, our 'Eucharist', our 'Thanksgiving'.



The other nine, where are they?

Shouting his praises, the healed man 'throws himself at the feet of Jesus'. His faith is a readiness to received what only God can give; but he recognises that it is through Jesus that God's blessing comes to him - through the one whose teaching and ministry led him and his desperate companions to appeal to the 'pity' they recognised in Jesus; through the one whose authoritative word they accepted immediately, not yet healed, but ready to do what he commanded. The whole sequence presents Jesus as the Saviour. He sends the band to 'show themselves to the priests' – in accordance with the accepted custom: that the authority to allow those with contagious diseases rejoin the community was given by Israel's Law to the priests. Now, in the case of the Samaritan, Jesus himself assumes this authority, 'Go on your way!'

The gift of God given by God to those who have faith is universal – it excludes nobody. It is not surprising that Luke, the Gentile convert, is especially conscious of this. His care to

include reference in his writings to the Samaritans – the renegade group, hated by the Jews as half-pagan – reflects this awareness, pointing to the conversions that were to be so important in the first Christian communities. He alone brings us the story of the Good Samaritan; he devotes a chapter (ch 8) of the Acts of the Apostles to the preaching of the gospel to the Samaritans; and now he alone holds up this Samaritan as an example of lively faith.

John Thornhill sm

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THANKSGIVING EVENING FOR OUR PARISH

Once again we will be having our Thanksgiving Evening for both our communities. The evening will be held on Wednesday, 20th November, commencing with Mass at 7:30pn followed by supper. The venue this year will be Carlingford, as last year's gathering was held at Epping. Everyone in the parish is cordially invited to come along to this evening.

For catering purposes please **RSVP by Thursday 31st October** on the tear-off slip below.

×-	Piease detaci	i the tear-off slip a	na return to eitne	er Parish Office	·×

I /We will be attending the Parish Evening at St Gerard's
Name/s:
Number attending:

PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	13/10/19		Propagation of the Faith Appeal in both Churches
		9:30am	No Kidz Word at St Gerard's Church—School Hols.
		10:15am	No Kidz Word at OLHC Church—School Holidays
		6:00pm	PMR Carlingford—Antioch Meeting
Mon	14/10/19	9:30am	CH Carlingford Mass at St Gerard's
		7:30pm	PMR Carlingford SVdP meeting
		7:30pm	CH Carlingford Rosary Group
Tue.	15/10/19	12:15pm	Mass at Our Lady Help of Christians Church
Wed.	16/10/19	9:30am	St Gerard's Feast Day School Mass
		10:00am	Healing Mass at Our Lady Help of Christians
		7:15pm	PH Epping "Unlocking the Mystery of the Bible"
Thur.	17/10/19	9:30am	Mass at St Gerard's Church
		10:00am	PMR Carlingford "Unlocking the Mystery of the Bible"
		12:15pm	Mass at Our Lady Help of Christians
Fri.	18/10/19	9:30pm	Mass at St Gerard's Church
		10:10am	PMR Carlingford Scripture Reflection
		12:15pm	Mass at Our Lady Help of Christians' Church
		4:30pm	CH Epping Rosary for the Immaculate Heart of Mary
		7:00pm	PH Carlingford CANA meeting
Sat.	19/10/19	9:15am	Mass at Our Lady Help of Christians' Church
		9:45am	Exposition and Reconciliation
		10:15am	Benediction
		5:00pm	Mass at Our Lady Help of Christians' Church
		5:00pm	Reconciliation at St Gerard's Church
		6:00pm	Mass at St Gerard's Church
PH—Par	ish Hall, CH—	Church, PMR	– Parish Meeting Room





We need your assistance in persuading the NSW Government to provide more affordable housing for low income families and the homeless.

Please sign the petition at the back of the Church. These will be presented to the **Legislative Assembly in the New Year 2020**

All Souls Day

All Souls Day falls on Saturday 2nd November.

During Mass the Book of Remembrance, containing the names of those for whom we pray in November, will be put in its place of honour. At the Mass we will also be inviting everyone to come forward after the Gospel to place a lighted candle on the altar (candles will be provided – please do not bring your own) which will burn during the Eucharistic Prayer. The candles will be the sign of all prayers of those who have died their light a sign of our hope in the resurrection.

Mass time Saturday morning Epping 9:15pm

PARISH STAFF

Parish Secretary: Dennis Porteous Ph.: 9876 2853 Email: dennis@eppcarl.org.au

Asst. Parish Secretary:

Maree Balzulat Ph.: 9876 2853 Email: maree@eppcarl.org.au

Pastoral Care Assistant:

Maree Balzulat Ph.: 9876 2853 Email: maree@eppcarl.org.au

Parish Support Worker (PSW) Sacramental Programmes and Children's Ministries Lynn Siau

Ph.: 0407 255 593 Email: lynn@eppcarl.org.au

Sacramental Programme Assistant: Lisha Abraham

Ph.: 0407 255 593

Email: kids.sacrament@eppcarl.org.au

Pastoral Support Worker (PSW) Youth: Joanna Mak

Ph.: 0423 717 550

Email: joanna@eppcarl.org.au

Missionary Discipleship Coordinator: Denis McNamara

Ph.: 0410 041 944

Email: denis.mcnamara@eppcarl.org.au

Parish Pastoral Council

If you have any questions, comments or feedback for the Parish Pastoral Council then please send an email to

ppsecretary@eppcarl.org.au

Would you like to be part of an ecumenical service to be held at the Lutheran Church?

Our parish is a member of Australian Church Women. We are holding our next Community Day at the Lutheran Church, 56 Norfolk Road, Epping on Thursday, 31st October.

The Planning meeting is earlier, on Thursday, 17 October at 10.30.

I will be going. Would you like to join me?

Please phone Lorraine Lobsey 9872 4005, 0438 605773 if you would like to know more.

Martino Hoang our Seminarian

will be admitted to the Ministry of Acolyte at the

6:00am Mass on Sunday, 20th October

at Our Lady Help of Christians' Church, Epping

Fr David Ranson Diocesan Administrator and the Priests from the Seminary and Seminarians will join us at this Mass

If you are planning to come along could you please bring a plate to share with other parishioners.

Fr Peter

Plenary Council 2020 Listen to what the Spirit is saying...

We invite the group who participated in Listening and Dialogue to now reconvene in communal Discernment on any one of the six themes. Each Discernment session is expected to result in a response that can be summarised in 1000 characters and that can be submitted through a form on the Discernment page (opened on 1st September). Our Writing and Discernment Groups will then meet and discern on these responses, with prayer and from their own theological knowledge, towards publishing thematic papers and fleshing out the agenda for the first session of the Plenary Council in October 2020.

This week we will look at:

Missionary and Evangelising

This National Theme for Discernment is inspired by the voices of the People of God who shared a passion for participating in the missionary nature of the Church and desire stronger support, involvement and formation among all the baptised who make up the Church. The data also identified the need to reach out and communicate more effectively and to find new ways of living and proclaiming the Gospel in Australia today. There was a call for the strengthening of leadership and ministries in parishes and schools, training to equip leaders for ministry, pastoral support for various groups within parish and faith communities, and a desire for a unified voice in engaging social issues such as life and religious freedom.

If you would like to be part of a group please complete the sheets which can be found at the back of both churches.



ST VINCENT DE PAUL "SHOP TILL YOU DROP"

Bargain Bus Day is happening again this year.

Date: 26 October 2019

Tickets: The bus has been paid for, and there are a few seats left to anyone who would still like to come. **Cost**: \$60 per ticket, includes morning and afternoon

tea and a great venue for lunch.

Shopping venues: Home and Gift Warehouse, Sasy and Savy, Manchester Importers, plus many more new and exciting places.

It will be the best fun day you will have this year. For further details please contact *Marilyn Sharp* on

9872 1436 for further details.

What are the Sunday Collections used for?

The 1st Collection is used to support the Priests of the Parish as well as our Bishop and retired and sick Priests in the Diocese.

The 2nd Collection is used for the running costs of the Parish including staff wages, utilities, insurance and Pastoral Programs.

Epping Healing Mass

Our Healing and Anointing Mass will take place on **Wednesday, 16th October** at **10:00am** in the Church. Morning tea will be served at the conclusion of Mass in the meeting room. Catering: Genevieve and team.

All are welcome to our monthly Healing Masses (on the 1st Thursday of the month at Carlingford and the 3rd Wednesday of the month at Epping) as a time to pray for God's healing strength either for ourselves or those we know. Each third month (Mar, Jun, Sep and Dec) we also celebrate the Sacrament of the Sick (Anointing) within these Masses.

Book of Remembrance

We will place our Books of Remembrance in both Churches this weekend. The Books will be displayed in their place of honour on the sanctuary throughout the month of November, to remember our past family and friends, and it will be placed in position on All Souls Day.

The books can be found in the foyer of each church. Please write any **new** names of deceased relatives and friends **before** All Souls Day (Sat. 2 Nov).

SCHOOL MASS There will be School Masses on **Wednesday, 16th October** at: **9:30am** at St Gerard Majella's Church. Theme of the Mass is "Memoria of St Gerard Majella." All Parents most welcome!

Rosary for the Intentions of the Immaculate Heart of Mary

The rosary for the intentions of the Immaculate Heart of Mary will be recited every **Friday** at **4:30pm** at Our Lady Help of Christians' Church. You are most welcome to join us.

A Welcome Gathering for all 2020 Kindergarten Families at Our Lady Help of Christians and St Gerard Majella's Schools

An invitation is extended to All Kindergarten families for 2020 at Epping on:

Sunday 17th November at the 10:15am Mass and

at Carlingford on:

Sunday 1st December at the 9:30am Mass

The families will be called forward for a blessing at the commencement of their child's years of school education. The Principal will also greet the families and after Mass there will be a morning tea to give class families a chance to meet with each other over a cuppa. We look forward to seeing you then.



Youth Page

OUR PARISH ANTIOCH COMMUNITY

Meeting this Sunday 13 October

Why not come along to the Antioch meeting to hear a great talk, join in discussion time get into some awesome music, take time out for prayer and meet people!

The meeting starts at 6pm in the parish meeting room @ Carlingford.

So head on down and bring a friend!

For more information Joanne-0416 030 927

"It was at Antioch that the believers were first called Christians." ~Acts 11:26

CANA: OUR yrs 7-9 YOUTH GROUP

If you're in Years 7-9 come along for a night Jam-packed with FUN & FAITH!

EVERY FRIDAY night of the School Term,

7:30 - 9pm, In the Carlingford Parish Hall.

It's a great place to catch up with old friends, and meet some new ones!

Please remember that a small donation when you come to the meeting would really help out with the costs of the night. Thanks

Enquiries to Joanna Mak 0404 710 588



Do tell at the top of your voice

When we come to Mass, we are all welcome. We just belong and blend in. it seems that we live our faith in a quiet and private way. It would be a surprise if someone at Mass did ask you ~ "Is God real in your life? Do you really trust God to look after you? Do you have a relationship with Jesus?" It seems we have a culture of "Don't ask". We rarely speak about our experience of God or how our prayers *Take pity on us*, have been answered. We seem to have a culture of "Don't tell". We don't come to Mass to tell others what we are grateful to God for.

When the ten lepers were healed, one turned back praising God at the top of his voice! He wanted the world to know two things: he was 'over the moon'. He had his life back. He was healed and he could join society. The second ~ he had received an amazing gift. He once was lost — a leper cast out — and now was found by a gracious embrace from God. His response was to the second gift ~ he praised God at the top of his voice. He wanted Jesus to know and wanted the world to see what God had done. He did tell everyone he could and through Luke he continues to tell the world how he praised God at the top of his voice, threw himself at the feet of Jesus and thanked him.

Our Catholic challenge is to tell others what God has really done for us. We are gifted with abundant life and amazing grace. We are grateful to our gracious God who gives freely. This is the good news we are called to share, so do tell what you receive from Jesus. The Psalm says, "Shout to the Lord, all the earth, ring out your joy". At Mass this Sunday, do praise God for wherever your gracious God is healing and helping you. You too can praise God at the top of your voice. Do tell!

Denis McNamara

Supporting Missionary Disciples

BLESSING OF HSC STUDENTS

There will be a blessing for all HSC students *this* Sunday at the following Masses on **Sunday 13th October**.

9:30am Mass at Carlingford 6:00pm Mass at Epping



GOOD LUCK TO ALL OUR HSC STUDENTS

You have put in all the hard work and now it's time to trust in God and yourself. Know that we're all praying for your success.

YOU CAN DO IT!!

I can do everything through God who gives me strength. \sim Philippians 4:13

You are invited to State School Mass

The children from the State Schools will be providing ministries for this Mass. ALL are Welcome!

Sunday 27th October at 9:30am at St Gerard's Church.

Morning tea after Mass. Stop for a cuppa. Please come and join us!

THE JOURNEY CATHOLIC RADIO PROGRAM – AIRS 20 October 2019

As always, these notices are one week in advance.

This week on the Journey, we have sensational chats with Marilyn Rodrigues, the Peaceful Parent as well as enlightening wisdom from Mother Hilda Scott. Our reflection on the Gospel from Fr Mike blesses the show with grace and light. Go to www.icr.org.au and to ensure that you never miss a show it can be sent to you each week as a podcast via email — for free. Go to www.icr.org.au or www.icr.org.au or www.icr.org.au and to ensure that you never miss a show it can be sent to you each week as a podcast via email — for free